



November 2017 Newsletter

Date	Events/Description
November 1	Report Cards Issued
November 6	District Chorus Auditions, in Music Room 3:45pm-5:00pm
November 7	No School, Election day - Professional Development Day
November 8	GES Student Recognition Assemblies for Grades K, 1 & 5 - SEE TIMES BELOW
November 8	District Chorus Auditions, in Music Room 3:45-m-5:00pm
November 9	GES Student Recognition Assemblies for Grades 2,3 & 4 - SEE TIMES BELOW
November 10	SCA Spirit Wear Day for Veteran's Day-Wear "Red, White and Blue"
November 13	Last Day for SCA Food Drive for The Salvation Army
November 13	District Chorus Auditions, in Music Room 3:45pm-5:00pm
November 16	PTO Meeting, in Library 5:30pm-6:30pm
November 21	SCA Spirit Wear Day - To Be Announced-Students will vote on "Twin Day" or "Seasons Day"
November 22-24	No School - Thanksgiving
November 29	Fall Picture Retakes
November 29	Birthday Book Celebration
November 29	Fifth Grade Students as Readers - Group 1, in Library 3:45pm-4:45pm
December 1	SCA Spirit Wear Day - "Holiday Day"
December 5-8	PTO Holiday House
December 6	Fifth Grade Students as Readers - Group 2, in Library 3:45pm-4:45pm

GES Student Recognition Assemblies

Wednesday, November 8
9:15am-9:50am - 1st Grade
10:00am-10:35am - 5th Grade
10:45am-11:20am - Kindergarten

Thursday, November 9
9:15am-9:50am - 4th Grade
10:00am-10:35am - 3rd Grade
10:45am-11:20am - 2nd grade

Library News

Thanks to everyone who participated in our book fair. All backorders should have been received by now. If you haven't received your backorder, please contact Linda Wiseman as soon as possible. Thanks so much to our parent volunteers for doing a wonderful job helping our students shop. Our students are still discussing the books they purchased. Thanks again, Linda

SCA Food Drive

The SCA is doing a Food Drive for the Salvation Army. We will be collecting canned and box food until November 13th.

Below is a list of items that can be brought in:

- canned vegetables (corn, green beans, etc)
- canned / plastic jars of spaghetti sauce
- canned fruit
- canned tuna
- canned meat
- canned stew
- boxes of instant potatoes
- boxes of pasta
- boxes of Bisquick
- boxes of Healthy Choice cereals
- boxes of crackers
- plastic jars of peanut butter
- plastic jars of jelly
- boxes of macaroni and cheese
- bags of rice
- other nonperishable items

Speak Up, Stay Safe

Keeping schools safe is a team effort. Parents, students, staff and members of the community all play a vital role in making sure our schools are safe and secure. If you see suspicious activity in the vicinity of our schools, report it to school staff and law enforcement. Suspicious activity may include: a vehicle or individual in an odd or concealed location; an unattended package or backpack; individuals seeking information about a school, its operations or security procedures beyond mere curiosity; or unusual, repeated or prolonged observation of school buildings, bus stops or students. Contact the Frederick County Sheriff's Office at 540-662-6168 if you observe any suspicious activity.

Stay Healthy Through Cold and Flu Season

As we enter the cold and flu season, Frederick County Public Schools' Health Services Department is offering some tips that can help you and your children stay healthy.

-Get Vaccinated

Getting an influenza vaccination is the primary method for preventing the flu for individuals over 6 months of age. Flu shots are available at the local health department, private physicians, clinics and pharmacies.

-Keep Your Hands Clean

Hand hygiene is a general term that refers to a method of removing germs from the hands so they cannot be spread to anyone else. The two most common types of hand hygiene are hand washing with soap and water and using an alcohol-based hand rub. Hand sanitizer is available in all FCPS classrooms.

-Practice Good Respiratory Hygiene and Cough Etiquette

Cover your mouth and nose with a tissue when coughing or sneezing.

Promptly throw away tissues after they are used.

If a tissue is not available, cover your cough/sneeze with your elbow or sleeve, **not** your hand.

Wash your hands after coughing or sneezing.

-Stay Home if You're Sick

If you're sick, avoid contact with other people. Don't return to work, school, or other activities until you are fever-free for at least 24 hours without the use of fever-reducing medication.

-Keep Your Environment Clean

If taking care of yourself or a sick person at home, make sure that you clean and disinfect surfaces and objects (such as kitchen counters, bedside tables, children's toys, and surfaces in the bathroom) that may become contaminated with the influenza virus.

For additional information and resources, visit <http://www.vdh.virginia.gov/epidemiology/influenza>