

## Family Life Materials and Resources Grades 6-9

6th Grade Standards of Learning (SOL)	Materials/Resources
5.14 The student will become aware of the existence of sexually transmitted infection.	Website: <a href="#">Kids Health</a> contains information on various types of sexually transmitted infections.
6.1 The student will understand personal hygiene practices and the physical changes that occur during puberty.	<p>Website: <a href="#">Kids Health</a> contains general information on Puberty.</p> <p>Video: <a href="#">Discovery Education</a> video covers healthy hygiene habits for teens.</p> <p>Video: The <a href="#">video</a> covers issues dealing with girls during puberty.</p>
6.2 The student will explain the effects of growth on development, attitudes and interests.	Videos: These 2 Discovery Education videos cover <a href="#">girls</a> and <a href="#">boys</a> information about puberty.
6.3 The student will continue to identify physical and emotional changes that occur during puberty and their effects on growth and development.	<p>Videos: These 2 Discovery Education videos cover <a href="#">girls</a> and <a href="#">boys</a> information about puberty.</p> <p>Website: <a href="#">Kids Health</a> contains general information on Puberty.</p> <p>Videos: Contain information on <a href="#">male</a> and <a href="#">female</a> anatomy.</p>
6.4 The student will recall basic facts about sexually transmitted infections.	Website: <a href="#">CDC</a> information on sexually transmitted infections.
6.5 The student will be able to describe the etiology, effects, and transmission of HIV.	<p>Website: <a href="#">CDC</a> information on sexually transmitted infections.</p> <p>Video: What is <a href="#">HIV</a>?</p>
6.8 The student will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse.	<p>Video: Discovery Education video that covers <a href="#">dating abuse</a>.</p> <p>Website: Kids Health <a href="#">video</a> covers protection and prevention of abuse.</p>
6.9 The student will become aware of community healthcare and safety agencies and their functions.	Websites: Contact information for the Laurel <a href="#">Center</a> , Virginia Child Protective <a href="#">Services</a> , and Virginia Foster <a href="#">Care</a> .

<b>6th Grade Standards of Learning (SOL)</b>	<b>Materials/Resources</b>
	Domestic violence/women's center
6.11 The student will evaluate the messages from mass media related to sexuality and gender stereotyping.	Discussion male and female stereotypes

7th Grade Standards of Learning (SOL)	Materials/Resources
6.6 The student will summarize the process of human reproduction and the benefits of postponing premarital sexual activity.	Video: 9 Month Journey VHS - if applicable  Video: Discovery Education <a href="#">video</a> on the reproductive system.  Video: Short <a href="#">video</a> depicting a normal vaginal birth.
6.12 Students will explain laws protecting children from inappropriate and abusive behavior of others, including human trafficking.	Website: Teen Health <a href="#">information</a> discussing online safety.
7.2 The student will recognize the physical development of his or her sex characteristics and how they affect emotional and social growth.	Videos: Discovery Education videos about social/emotional <a href="#">wellness</a> during puberty and issues specific for <a href="#">boys</a> .
7.3 The student will realize that physical affection does not have to be sexual, but it also can be an expression of friendship, of celebration, or of a loving family.	
7.4 The student will recognize that sexual behaviors are conscious decisions; that it is important to say "no" to premarital, abusive, and inappropriate sexual relationships; and that appropriate relationships are based on mutual respect, trust, and caring.	Video: Discovery Education <a href="#">video</a> about teen dating abuse.  Website: <a href="#">Information</a> on dating abuse resources from the National Domestic Violence Hotline.
7.7 The student will be aware of the consequences of preteen and teenage sexual intercourse.	Video: Discovery Education <a href="#">video</a> about sexually transmitted infections.
7.8 The student will list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage.	
7.9 The student will describe the signs and symptoms of pregnancy.	Presentation: Discovery Education <a href="#">presentation</a> about the signs of pregnancy.  Video: Short <a href="#">video</a> about signs of pregnancy.
7.10 The student will develop an understanding of and responsibility for family planning.	
7.12 The student will identify causes, symptoms, treatment, prevention, and transmission of sexually	Video: DVD Straight Talk: The Truth About STDs

7th Grade Standards of Learning (SOL)	Materials/Resources
transmitted infections, including HIV.	Videos: Two Discovery Education <a href="#">covering STDs</a> .
7.14 The student will realize the role of peers and the peer group during adolescence, and the nature and purpose of dating.	Video: Discovery Education <a href="#">video</a> discussing peer pressure.

8th Grade Standards of Learning (SOL)	Materials/Resources
6.6 The student will summarize the process of human reproduction and the benefits of postponing premarital sexual activity.	
8.1 The student will relate stages of human development to his or her own developmental level.	
8.2 The student will recognize the development of sexuality as an aspect of the total personality.	
8.5 The student will recognize the nature of dating during adolescence.	
8.6 The student will interpret the messages in society related to sexuality.	Presentation: <a href="#">Prezi</a> discussing how sexuality is portrayed by the media.
8.7 The student will describe strategies for saying "no" to premarital sexual relations.	
8.10 The student will analyze the issues related to teenage pregnancy.	
8.11 The student will review facts about pregnancy prevention and disease control.	Website: Resource on various <a href="#">types</a> of pregnancy prevention.
8.13 The student will identify the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation.	Website: <a href="#">Information</a> on domestic and sexual assault.  Website: Teen Health provides <a href="#">information</a> on consequences of rape.
8.14 The student will recall the ways in which the HIV virus is transmitted and prevented.	Video: <a href="#">Prevention</a> of HIV.

9th Grade Standards of Learning (SOL)	Materials/Resources
9.1 The student will understand the human growth and development cycle.	Video: The Miracle of Life. DVD  Meeks Heit Sexuality and Character Education K-12- Covers multiple standards  Life Skills: Ready to use Health activities- Covers multiple standards
9.3 The student will recognize the development of sexuality as an aspect of the total personality.	
9.5 The student will review the nature and purposes of dating.	Video: <a href="#">When Dating Turns Dangerous</a> along with accompanying resources.  Nasco's Chatterbox- A Health Educational Game  The Choice is Yours! Life's Situations for Teens
9.6 The student will realize the importance of setting standards for controlling sexual behavior and of postponing sexual relations until marriage.	The Choice is Yours! Life's Situations for Teens
9.7 The student will interpret the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation, and human sex trafficking.	Resource: Be Safe and Smart Online- Lesson plans for secondary school teachers <a href="#">Be Safe and Smart Online</a>
9.8 The student will relate specific information on substance use and abuse to each stage of the life cycle.	
9.9 The student will be able to explain the process of reproduction.	Website: Interactive human anatomy <a href="#">site</a> .  Standard Deviants The Endocrine and Reproductive Systems
9.10 The student will demonstrate understanding of specific health issues, including the ability to conduct self-examinations.	Video: Testicular Cancer and the Importance of TSE. DVD  Website: <a href="#">American Cancer Society: New Breast Cancer Guidelines</a>
9.11 The student will demonstrate knowledge of pregnancy prevention and disease control.	Video: Sex Facts: Teens and STD's. DVD  STD's Bingo Review  A Look at Mental & Physical Wellness
9. 12 The student will explain the transmission and prevention of the HIV.	
10.1 The student will determine how maturation affects adolescents.	Hands-on Education - Emotions and Self-Esteem Kit

9th Grade Standards of Learning (SOL)	Materials/Resources
	Nasco's Chatterbox- A Health Educational Game
10.5 The student will recognize the benefits of abstaining from premarital sexual intercourse.	
10.6 The student will recognize alternatives to premarital sexual activity for expressing feelings and affection.	
10.7 The student will explain the factors to be considered in preparing for dating and marriage.	
10.9 The student will describe the signs and symptoms of pregnancy.	
10.10 The student will analyze the factors associated with a healthy pregnancy.	
10.11 The student will explain the importance of supportive roles of the mother and father through pregnancy and birth.	
10.12 The student will describe available birthing options.	
10.13 The student will identify the stages of the birthing process.	
10.14 The student will analyze the skills and attitudes needed to become a competent parent.	A Look at Mental & Physical Wellness
10.15 The student will describe adjustments to be made after the birth of a child.	