



FREDERICK COUNTY PUBLIC SCHOOLS
TAKE HOME MEALS MENU 2020-2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><u>BREAKFAST</u></p> <p align="center">Cereal Juice Fresh Fruit Milk</p> <p align="center"><u>LUNCH</u></p> <p align="center">Munchable Fresh Vegetable Fresh Fruit Milk</p>	<p align="center"><u>BREAKFAST</u></p> <p align="center">Pop Tart Juice Fresh Fruit Milk</p> <p align="center"><u>LUNCH</u></p> <p align="center">Sunbutter and Jelly Chips Fresh Vegetable Fresh Fruit Milk</p>	<p align="center"><u>BREAKFAST</u></p> <p align="center">Cereal Juice Fresh Fruit Milk</p> <p align="center"><u>LUNCH</u></p> <p align="center">Manager's Choice Fresh Vegetable Fresh Fruit Milk</p>	<p align="center"><u>BREAKFAST</u></p> <p align="center">Pop Tart Juice Fresh Fruit Milk</p> <p align="center"><u>LUNCH</u></p> <p align="center">Sunbutter and Jelly Chips Fresh Vegetable Fresh Fruit Milk</p>	<p align="center"><u>BREAKFAST</u></p> <p align="center">Cereal Juice Fresh Fruit Milk</p> <p align="center"><u>LUNCH</u></p> <p align="center">Munchable Fresh Vegetable Fresh Fruit Milk</p>

All meals are served with a variety of low fat or fat free milk daily.